

## Contraindication

- Pregnant women or mothers who are breast-feeding
- Anyone who has a pacemaker or any other battery operated or electrical implant
- Any person on heartbeat regulating medication
- Organ transplant recipients
- Organ removal, especially the colon. Great care should be exercised with individuals who have had organs removed as their bodies so not function at high energy levels. Colon removal indicates a greatly impaired ability to process nutrients and remove toxins from the body.
- Anyone on medication, the absence of which would mentally or physically incapacitate them, such as psychotic episodes, seizures, etc.
- The following recommendations should be strongly considered:
- To be effective, many medications such as blood pressure medication require that a blood level be maintained. To ensure blood levels are maintained, schedule the Ion Footbath session prior to taking the medication.
- Care should also be taken with reluctant or overly skeptical individuals who are suffering from pathologies and are under the allopathic care system. These individuals do not understand the alternative-healing paradigm and are not prepared to undergo the rigors detoxification.
- Individual with low blood sugar should eat before receiving a session. The ion footbath tends to lower blood sugar in diabetics and may do so with those who are hypoglycemic.
- Individuals with a metal joint implant may find the exposure to an electromagnetic field to be uncomfortable .In the event of discomfort, stop the session immediately.

# Detox Ion & Far Infrared Foot spa Operate Manual

Before using the machine, be sure to read through this instruction manual.  
This product is designed use by healthy people only.

## The main parts of machine:



Footbath



Power cable



Transformer



TENS Pads



Waist belt



Array

The below can be for your reference after many tests:

- ✧ **Yellow-green**= detoxifying from the kidney, bladder, urinary tract, female/prostate
- ✧ **Orange**= from joints
- ✧ **Brown**= liver, tobacco, cellular debris
- ✧ **Black**= liver, gallbladder
- ✧ **Dark Green**= gallbladder
- ✧ White foam= mucous from lymph
- ✧ White speckles= most likely yeast
- ✧ **Black speckles**= heavy metals
- ✧ **Red speckles**= blood clot material

### Common troubles

If over 3Amp, it shows the panel wrong with alarm coming. It means high output and then the power off automatically.

If both the current and the voltage are very low, the main machine without good radiation and the panel heavy loaded.

If the power is on, but no information after 30 seconds, for example of the voltage, ampere which will be usually displayed every three seconds. Please refer to the reasons as following:

The electrode plate not in water;

The electric conduct of the water is not enough, like the distilled water, suggestion is to add a little salts and mix round to enhance it. When the plate in water, the normal current is between 1.8 and 2.5 ampere, the voltage is between 12 and 18V.

The wire of the array is not connected with the controller.

## Quick start instructions

To prepare Detox Therapy for use:

1. Place a plastic bag or liner in the tub and fill with warm to hot water, to almost completely submerge the array.  
Test water to make sure it is not too hot.
2. Plug the array's cord in the top of the footbath and place array in the tub. Be sure array coils are completely covered with water.
3. Plug the power supply into the front of the footbath and then into an outlet in the wall
4. Immerse feet in the water and turn on the unit.
5. Press "start" and the session will automatically start for 30 minutes.
6. To increase or decrease the session time, do so by pressing "-/+". Maximum time 60 minutes.  
Recommended session for a healthy adult is 30 minutes.
7. Check Amperage (A). If below 1.8 amps, sea salt must be added in very small increments until reaching the desired range of (1.8-2.2).
8. Stir water with array and view Amperage .Use as little salt as possible as it will deteriorate the array faster the more you use.
9. Use if the TENS electrode pads is optional. To use, plug into the front of the footbath .See (TENS Controls) for complete instruction on TENS.
10. Place the far infrared waist belt around the body to ease muscles pains or aches (i.e. lower back, shoulders, thighs) or around the waist or midriff to aid in weight loss, Plug the belt into the machine unit on the back in the socket, please re. item " About jack" and "waist belt use".
11. After 30 minutes, the machine finish work, close all the switch and power, pour the water and clean the array, make sure the array is clean and dry, so it could be use more times.

## CAUTION:

TENS intensity that is too high can cause over-stimulation, thereby in creasing pain. There should be no muscle contraction.

Always notify your doctor if you are using an alternative therapy or if you are thinking about combining an alternative therapy with your conventional medical treatment. It may not be safe to forgo your conventional medical treatment and rely only on an alternative therapy. <This product is not intended is not intended to treat, prevent, cure. Or diagnose any disease.>

## Mode choices:

1. All Positive 100% +(for clinic test)
2. All Negative 100% -(for clinical test)
3. 70% Positive &30% Negative-(recommended for normal healthy people)  
WE SUGGEST CUSTOMERS USE MODEL 3,it's the more suitable level for use in the home or business situations.
4. Setting for cleansing (15+/10-/5+Min.=30Min.)
5. Therapy for heavy cleansing (10-/15+/5-Min.=30Min.) If the reaction from the muscle test is positive at first, please choose mode"4",and alternatively choose mode"5"

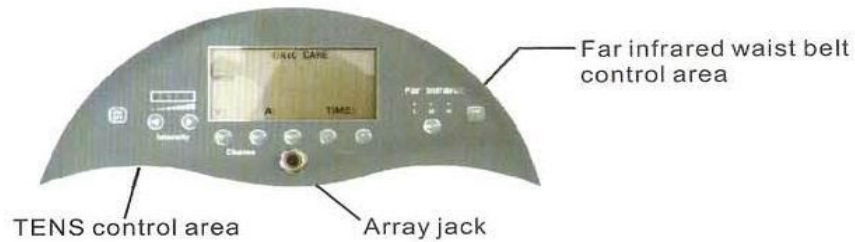
## Usage Suggestions:

Children over the age of 3 can use the machine, preferably with Adult supervision. However the time period should be shortened.

People less than 50 years old should use the Ion-cleanse every 3 days for 14 times. Take a break and start again after 3 weeks.

People over 50 years old should also use the Ion-cleanse every 3 days for 14 times. Then recommence after 2 weeks.

## Detox Therapy Controls



### Keypad description

"Start" begins session

"Stop" stops the session

"-" or "◀" decrease the length of the session.

"+" or "▶" increase the length of the session.

## TENS control



## About jack



## Far infrared waist belt use

Press the ON/OFF switch on the top panel of the machine to activate the belt. Press the MODE button for the intensity of heat required. The MODE can be changed at any time during the treatment.

## What is T.E.N.S

TENS is short for Transcutaneous Electrical Nerve Stimulation. The TENS generates electrical impulses that are sent through electrodes placed over nerve canals. The various pulses employed by TENS can block pain signals normally sent to the brain. The TENS may activate the release of endorphins (our bodies' natural healers.) These are chemicals in the control system used by the body to suppress pain naturally. It is no longer necessary for many people to endure chronic or constant pain.

### Instruction for use

1. Connect the TENS lead to the machine(See TENS Controls)
2. Apply gel evenly to the pads
3. Place the TENS pads on or around the area for treatment
4. Use the straps provided to hold the pads in place.(Optional lengths are available)
5. Press the ON/OFF button to begin
6. Using the arrows, increase TENS intensity slowly to ensure a comfortable state.

### Tens should not be used

1. By someone with a pacemaker
2. By someone with a heart condition
3. By someone with epilepsy
4. With the electrodes on infected (inflamed)skin
5. By women who are pregnant
6. Around the head
7. On the front of the neck (due to the risk of acute hypotension through a vasovagal reflex)